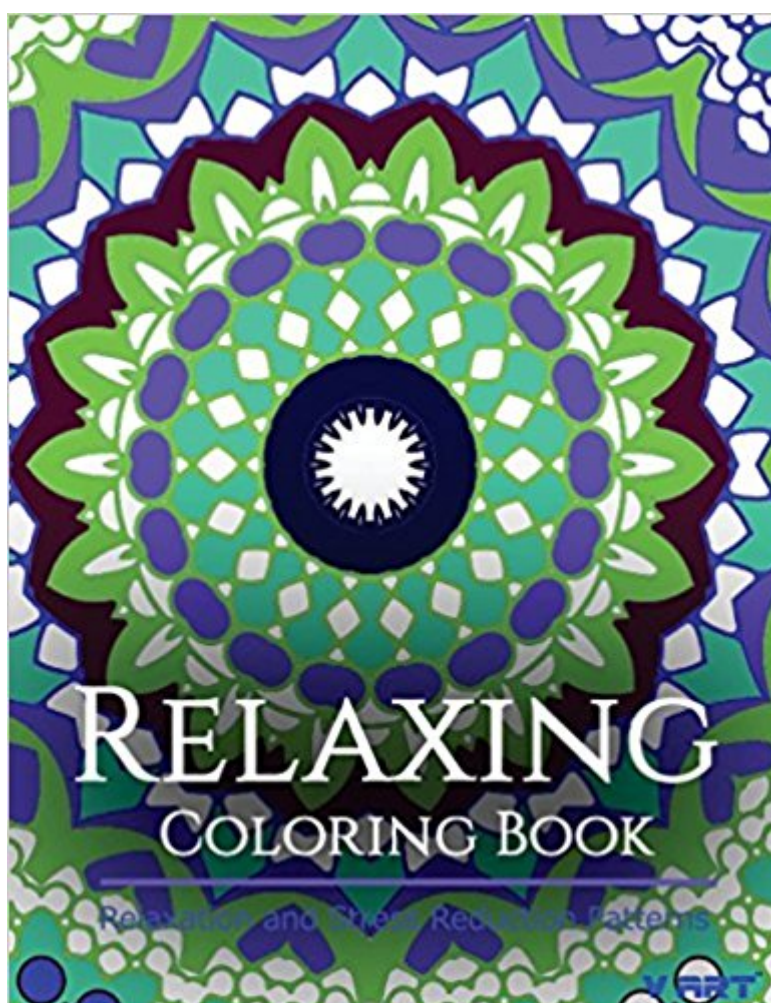


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# Relaxing Coloring Book: Coloring Books For Adults Relaxation : Relaxation & Stress Reduction Patterns (Volume 45)



## Synopsis

The 40 unique detailed patterns are printed on large 8.5 x 11 high quality paper. Pages are printed on one side only for easy removal and display. Provides hours and hours of mindful calm, stress relief and creative expression. These are what you can achieve through the use of this coloring book.

- Helps to relax & boost your meditation
- Helps to balance your body, your mind, and your spirit
- Give you that spiritual connection that you needed
- Enhance your creativity
- Help to increase your self-worth and awareness
- Encourage your self-expression
- It is fun, either alone or with your friends. You will have fun!

## Book Information

Series: Coloring Books for Adults

Paperback: 88 pages

Publisher: CreateSpace Independent Publishing Platform; Clr Csm edition (September 15, 2015)

Language: English

ISBN-10: 1517336244

ISBN-13: 978-1517336240

Product Dimensions: 8.5 x 0.2 x 11 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #520,069 in Books (See Top 100 in Books) #54 in Books > Arts &

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in Books > Arts & Photography > Graphic Design > Techniques > Use of Color

## Customer Reviews

This is a beautiful book and is also inspirational. It was the perfect fit for a get well gift!

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